
Vital Signs 09-23-18

1 message

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To: kathy.downie77@gmail.com

Wed, Feb 20, 2019 at 11:35 AM

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Travis County



Medical Alliance

WHAT'S COMING UP:[September 26 - Book Club](#)[September 30 - Save the date: Toast To Doctor's](#)[October 2 - Chic Ladies Luncheon \(RSVP\)](#)[October 12 - TMAA 2018 Regional Conference](#)[October 16 - General Meeting](#)[October 18 - TCMS Foundation Lecture & Dinner \(RSVP\)](#)[October 24 - Book Club](#)

Click on an event to read more!



Here are the Book Group's fall selections:

September 26: Deborah Jones will lead our discussion of *Beneath a Scarlet Sky* by Mark Sullivan, based on the true story of a forgotten hero.

October 24: Peggy Russell will lead our discussion of Thomas Mann's *Magic Mountain*, a monumental work by a Nobel Prize winning author.

Meetings begin at 10:00 am at members' homes. Join the committee on Directory Spot, or contact Pat (info below) to get the locations. All alliance members are welcome. You don't have to read the book before you come. Very informal, no rsvp, just show up to enjoy the talk. Please join us!

Contact Pat Wallis at patriciaawallis@gmail.com with questions. Thanks!



Come and join us for some fun,
with food and drink for everyone.
Our earnest doctors are so great,
It's them we plan to celebrate!

JOIN US FOR TOAST TO DOCTORS
presented by the Travis County Medical Alliance

Sunday, September 30

6:00pm-9:00pm

The Dogwood

11420 Rock Rose Ave #130

Austin, TX 78758

tickets \$30/couple at tcmalliance.org

Buy your Toast to Doctors tickets [online here!](http://tcmalliance.org)



General Meeting at Kendra Scott is a Success!

The TCMA just had their first General Meeting, which included a presentation at the Kendra Scott Lamar Boutique, complete with Gift Card Door Prizes! Kendra Scott was very generous by giving the TCMA Foundation 20% back for all sales during the meeting.

**Because of our
wonderful & supportive members,
we raised \$963.00 for the
TCMA Foundation!**

That's almost \$1,000!

These funds will be designated for our Community Service Grants given out at the General Meeting Awards Ceremony in April.

After the meeting, the members enjoyed lunch on the patio at Snooze Eatery.





Chic Ladies



Tuesday October 2
11:00



**Celebrate Fall
with Lunch at the
Second Bar & Kitchen
in the beautiful
Archer Hotel
at the Domain.**

**3121 Palm Way, 78758
(Easy parking at Nordstrom next door)**

**RSVP to Lara Norris
by September 27
at larisalee1968@aol.com**



SAVE THE DATE!

**Our next TCMA
General Meeting**

October 16th

**Look for details in the
next Vital Signs Newsletter!**



TCMS Foundation Lecture & Dinner

10.18.2018

Austin Country Club
4408 Long Champ Drive

6:30 pm

Reception

7:30 pm

Dinner/Presentation

RSVP

email: tcms@tcms.com
call: 512-206-1270
mail: 4300 N Lamar Blvd
Austin TX 78756

**\$20 per person
suggested donation.**

Travis County Medical Society Foundation
TCMS Physician Wellness Program
in collaboration with the
American Medical Association
presents a CME program

**Emerging Concepts and Strategies for
Physician Wellness**

Michael Tutty, PhD

Thursday, October 18

These are difficult times for doctors. Physicians nowadays are often likened to the canary in the coal mine, sick to the point of dying and calling out for help. Increasingly, people are coming to the realization that while the canary is sick, it's the coal mine that's toxic.

It's time to stop blaming physicians for burnout and rethink our practice environment.

Join your colleagues for an evening with Dr. Michael Tutty, AMA Group Vice President, Professional Satisfaction & Practice Sustainability, as we take a look at organizational/institutional factors that are fueling the burnout epidemic and possible pathways to improvement.

Spouse/partner welcome.

RSVP: tcms@tcms.com or 512-206-1270

TMAF 26th Annual Gala!

Save The Date!

Friday, May 17, 2019

6:30-10:30 p.m.

Hilton Anatole Dallas





TMAA [2018 Regional Conference](#)

Friday, Oct, 12

Hilton Garden Inn, Temple

Casual welcome reception, Thursday, Oct. 11

[Register now](#)

For more information on registration deadlines, hotel reservations and schedule, please visit the [TMAA website](#).



TMA Alliance has a new website: www.texmedalliance.org.

Please spread the word about our new address!

And you can read about TCMA/TCMAF's award of Alliance Innovation 2017-2018, our helmets for kids giveaways, and scholarship work with TMAA at TMAA's newsletter, TexasAccent. Read all about it [HERE](#).



4300 North Lamar Boulevard Austin, TX 78756 512-206-1270

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