

From: Cindy Nelson patriciaawallis@pb02.ascendbywix.com
Subject: Vital Signs 11-15-20
Date: November 15, 2020 at 9:00 PM
To: Kathy Downie kathy.downie77@gmail.com

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What's Happening:

November 18 - Book Club

**November 26 - Deadline to renew membership dues
and be registered for Park City, UT, vacation**

February 16, 2021 - General Meeting

April 20, 2021 - General Meeting



**Note from Christina
Fenrich,
TCMA President**

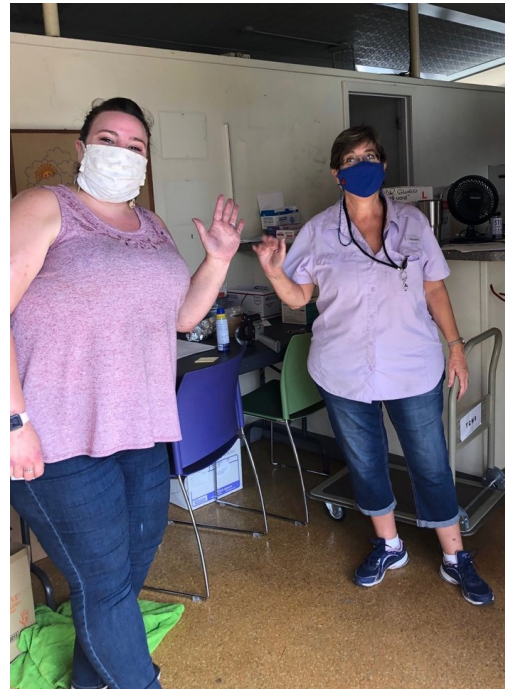
In the spirit of Thanksgiving, I would like to share how thankful I am for the relationship the Alliance has with our Travis County Medical Society, including both the physician leadership and Society staff.

Did you know that the TCMS welcomes me, as Alliance president, to the Medical Society's monthly board meeting to receive a brief account on our activities? I report on our social events community service

on our activities. I report on our social events, community service projects, advocacy work, and enrichment programs. Often, my report leads to further collaboration and support between the two organizations.

I am also grateful for TCMS staff who go out of their way to support the Alliance. They keep us updated on events and opportunities and graciously allow us to use their beautiful board room, collect our mail, and store our archived documents.

We are fortunate for the support of the TCMS. For this I am grateful.



*Some of the hard-working TCMS staff. Left photo: (L) Leanne DuPay, Director Marketing/Communications & (R) Belinda Clare, COO of TCMS
Right photo: (L) Mandy Clare, Assistant to the CEO & (R) Jonell Parsons, Sr. Administrative Assistant*



TCMA Fund Drive 2020 is under way!

Thank you to our generous donors. We are more than half way to our goal of \$11,000! Help us achieve our target. Donations support our philanthropic endeavors to support health in our community. Please consider donating now, any amount is appreciated.

Make your donation by mail or at tcmalliance.org.



TCMA Annual Fund Drive 2020

Foundational Believer (\$1,500+)

Sarah and Ernest Butler

Advanced Advocate (\$1,000 - \$1,499)

David Vander Straten

Mission-Driven Partner (\$500 - \$999)

Dr. Richard and Martha Coons (in honor of Ken Kroll, MD)

Rob and Julie Cowan (in honor of Christina Fenrich)

Christina and Arnold Fenrich

Compassionate Supporter (\$250 - \$499)

John and Shannon Abikhaled

Vickie and Guy Blumhagen

Hugh and Cathy Collins

Dr. and Mrs. Mark Crozier

Dr. Byron and Mary Darby

Dr. Robert and Karin Foster

Dr. and Mrs. Shannon Kratzer

Celia Neavel

Kevin and Beth O'Farrell

Beth and Bob Schlechter

Phyllis W. Tate (in memory of Robert A. Tate, MD)

Trusted Friend (\$100 - \$249)

Lori and Terrell Benold

Carolyn Biebas

Sean and Cindy Blaydon

Robert Butler

Gayle Cullington
Ben and Kathy Downie
Dr. and Mrs. Bob Frachtman
Dr. Lowell and Charlotte Haro
Karen and Stanley Kim
Jeni and Gus Lowry
Kay McHorse
Maryann and Brian Sayers
Lisa R. Stanley
Jenny Stern
Barbara Tindel (in memory of Dr. Jerry Tindel)
Pat and Ted Wallis



LEGISLATIVE ADVOCACY

You won't want to miss the final TMAA Enrichment Series webinar:

Strengthening Medicine in the 87th Texas Legislature

**Thursday, Nov. 19
Noon-1 pm**

Dan Finch, TMA Vice President, Advocacy, will present TMA's top-tier issues for the upcoming 87th legislative session.

Go to texmedalliance.org, click on **NEWS & EVENTS**, and then **Tune In: Strengthening Medicine in the 87th Texas Legislature** for more information and to

register.

Questions? Contact Beth O'Farrell, bofarrell21@gmail.com.



2021 Membership Campaign Continues!

Please renew your Jan – Dec 2021 membership
We just wouldn't be the same organization without YOU!

If you haven't already renewed your 2021 TCMA and TMAA membership dues, please do so today! You have probably received emails and a snail mail letter from TMAA, reminding you of the membership campaign. But if you've misplaced those items, have no fear.....

Here are three ways to renew:

1. Online at [texmedalliance.org](https://www.texmedalliance.org) (Click *Join Now* in the top right-hand corner to take you to the TMAA form.)
2. By calling the TMA Knowledge Center at (800) 880-7955 (You'll talk with a live person who can help you find pertinent information to complete your registration. Have your credit card ready.)
3. By mailing a membership form and check to TMA Alliance, 401 W. 15th Street, Ste. 101, Austin, TX 78701 (A membership form can be found at https://www.texmedalliance.org/tmaimis/tmaa/assets/mshipforms/Travis_2021.pdf, printed out, and mailed along with your payment.)

Staff are on-call during regular business hours at the TMA Knowledge Center to help you identify your spouse's license number if you don't have it.

And don't forget, if you renew before Thanksgiving, your name will be entered into a drawing to stay free in a Park City, UT condo for 4 days and 3 nights this summer on dates of your choosing. Pay TEXPAC dues and you'll be entered a second time!





As an Alliance member, you have no required time or volunteer commitments. But, the Alliance does offer many opportunities to enjoy fellowship, learn, socialize, advocate, and support the central Texas community.

We'll be watching for your name to populate our membership renewal list!

If you have questions, please do not hesitate to contact VP Membership Olguita Santiago at olgitamsantiago@gmail.com or VP Membership-elect Lori Benold at lori@loribodine.com.



Hands-on Community Service at Work!



Huge thanks to Loren Gigliotti, Wendy Propst, Christina Fenrich, Jeni Lowry, and Shannon McNeil for amazingly generous homemade meals for the women and children at St. Louise House. If you would like to be involved please sign up!



Sign Up Here

**Member
Recipe Share**
**Try this easy recipe
on Thanksgiving for
Oven Roasted Rainbow Carrots
from Deneitra Hutchinson
our VP Community Service Elect
Executive Board Member.**

Roasted Carrots

<https://www.averiecooks.com/recipe/roasted-tri-colored-carrots/>

**Please share your
favorite
recipes with Lara
Norris
at larisalee1968@aol.com
for future Vital
Signs!**



Book Club Schedule

November 18 - *The Dutch House* by Ann Patchett, reviewed by
Toni Burns

Book club meetings will be facilitated via Zoom until further notice.

Please reach out to Zoom host Cindy Nelson at
webmaster@tcmalliance.org for meeting links and details.



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www.tcmalliance.org 

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