
Vital Signs 01-06-19

1 message

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To: kathy.downie77@gmail.com

Fri, Feb 15, 2019 at 11:06 AM

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Travis County



Medical Alliance

WHAT'S COMING UP:[January 15 - General Meeting](#)[January 16 - Central Texas Legislative Reception](#)[January 23 - Book Club](#)[January 23 - Couples Counseling event with TCMS](#)[February 27 - Book Club](#)[March 27 - Book Club](#)

Click on an event to read more!



The TCMA board for 2019-2020 will be voted upon and decided at the upcoming
general meeting, January 15, 2019.

Below is the current slate of TCMA officers for 2019-2020:

President - Wendy Propst
President-elect - VACANT
Secretary - Wendy Kratzer
Treasurer - Amy Whited
Treasurer-elect - Janet Schneider
VP Communications - Kate Paul
VP Financial Development - Tugba McCage
VP Financial Development-elect - Ronsey Chawla
VP Programs - Lori Benold
VP Membership - Shannon McNeil
VP Membership-elect - Olguita Santiago
VP Medical Affairs - Carla Wilkenfeld
VP Community Service - Christina Fenrich
VP Community Service-elect - Jenny Stern
VP Enrichment - Lara Norris



Save the Date
for our next
General Meeting!
January 15th
10 am



It's Time to Travel!



departure lounge

TRAVEL PLANNING SPECIALISTS

At the
Departure Lounge
in Westlake.
Benefiting
Dress for Success





You're Invited

January 16, 2019, 6:30 - 8:30 PM

*at the Home of Rushmi and Pradeep Kumar
1507 Rainbow Bend | Austin, TX 78703*

Central Texas Legislative Reception

with Medical Colleagues from Around Central Texas



The Travis County Medical Alliance and Travis County Medical Society invite you to attend the 2019 Legislative Reception on January 16 to meet with physicians and physician spouses from around Central Texas.

Legislative priorities important to the Family of Medicine and our patients will be shared with opportunity to ask questions and make comments.

RSVP: email jparsons@tcms.com or phone 512-206-1270

The TCMA is a sponsor of this legislative reception. Please email melkel2@yahoo.com if you would like to attend and/or if you can provide an appetizer or dessert for this event.



Steel Magnolia
MARKETPLACE

We would like to thank **Steel Magnolias** for having us as their charity of the month. Steel Magnolias is a movie inspired boutique with classic southern charm where you can shop with a purpose and impact lives!

10% of every purchase for the entire month of January will be donated to the TCMA!

Please stop by for a visit any time in January to shop their many local vendors and thank them for their support!

Steel magnolias is located in Lakeway at Lohmans Crossing and RR620 (behind CVS, near Flores).



Book Club Happenings

Was one of your New Year's resolutions to learn something new? We have your answer!

Please join us for our first meeting of 2019 on Wednesday, January 23, at 10am, when Shirley Mendelson will lead our discussion of *Eleanor Oliphant is Completely Fine* by Gail Honeyman, a delightful book about a quirky young lady.

Meetings are held at members' homes. The January meeting is at the home of Pat Wallis.

Address information is available on directory spot app, or by emailing

patriciawallis@gmail.com .

All meetings are on Wednesdays and begin at 10am with 30 minutes of coffee and socializing before we sit down to business. Meetings are almost always don't by 1130am. We are a very relaxed, casual group, so if you need to come late or leave early, it's no problem!

New members are welcome! Reading the book is NOT REQUIRED; you can come hear our discussion, then decide to come back to the next meeting. (And check that resolution off your list.) Upcoming meetings include:

February 27, 2019: Shelly Ozdil will review *Educated* by Tara Westover.

March 27, 2019: Pat Wallis will review *Nineteen Minutes* by Jodi Picoult.



The Travis County Medical Society has a host of offerings, including educational opportunities, member discounts to area events and happenings, as well as support for physicians and their families.

Mark your calendar and RSVP to this couples event later in January!



PWP Discussion Group
Couples Counseling for Physicians: What All Couples
Should Know
Wednesday, January 23
7:00 pm

Join us for an informal evening with the Physician Wellness Program couples counselor, Dr. Claire Miner. Dr. Miner will share some basics of couples counseling and her experience so far with the Physician Wellness Program. She will lead a discussion about medical relationships and how counseling can help promote healing and keep them healthy. An informal discussion over dessert at the home of Maryann and Brian Sayers.

Bring a friend, significant other or come by yourself and meet new friends. TCMS members and spouses welcomed.

To promote discussion, small group limited to 15.

RSVP to pwp@tcms.com to save your spot and for directions to the meeting.



Holiday Lunch Book Drive Update

TCMA collected 136 books and \$85 for BookSpring at the TCMA Holiday Luncheon. Thanks to all who helped support this literacy-minded non-profit!



A lovely word of thanks below from BookSpring, an organization TCMA has supported and made a donation to after the Holiday Luncheon.



Dear Travis County Medical Alliance,

I am so appreciative of your support for BookSpring and our work inspiring Austin's most vulnerable children to read and succeed with their families. Your generous donation of \$175 with your in-kind gift of 136 books (Donated December 2018) will go a long way to helping us. Here at BookSpring, our goal is to make sure that every child in Central Texas has books in their home.

The need for children to gain access to books in their homes remains strong. Contributions like yours allow us to distribute books directly to children in low-income schools, community centers and medical clinics. These children would not experience an enriched world of reading without the help of people like you.

We're grateful for your support and hope you'll come visit us, volunteer and/or subscribe to our newsletter to keep in touch.

Thanks for launching children into a world of reading!

With warm regards,

EMILY CICCHINI
Executive Director



bookspring

**A world of
families reading
and succeeding
together.**

2006 Greenbrook
Parkway
Austin, TX 78723
www.bookspring.org

Thank You Fund Drive Donors!

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Pat & Ted Wallis
Belda Zamora, M.D.

OTHER

Caroline Biebas, M.D.

Fund Drive Time

Tis the season for our **annual fund drive**. Our goal is to have 100% participation for this fund raising event! Check out more about the fund drive [HERE](#), including a link to make a donation online. (A \$100 donation could buy seven bicycle helmets for Hard Hats for Little Kids and three diabetic foot care kits for the Volunteer Healthcare Clinic.)

Please help us support the needs of the greater Austin area!



A **Texas-sized thank you** to Texas Pools & Patios for their \$1000 sponsorship of our Party with a Purpose!

TMAF 26th Annual Gala!

Save The Date!

Friday, May 17, 2019

6:30-10:30 p.m.

Hilton Anatole Dallas



4300 North Lamar Boulevard Austin, TX 78756 512-206-1270

www.tcmalliance.org →

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