

#### Vital Signs 09-24-2017

1 message

TCMA <kathy.downie@me.com>
Reply-To: kathy.downie@me.com
To: Wallis Patricia <patriciaawallis@gmail.com>

Sun, Sep 24, 2017 at 10:42 AM

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#### WHAT'S COMING UP:

<u>September 26 - Chic Ladies Birthday Celebration Lunch</u> <u>September 27 - Book Club</u>

October 17 - General Meeting
October 18 - Membership Mixer
October 25 - Book Club
November 15 - Book Club

Click on an event to read more!

**-**>>>>>

Join us for a
Chic Ladies
Birthday Celebration Lunch
for TCMA President Kelly Hyde!



### **Tuesday September 26th at 11:30**

The Grove Wine Bar & Kitchen
Westlake Location, 6317 Bee Cave Rd, 78746
Valet Parking available

Please RSVP by September 19th to Lara Norris at larisalee1968@aol.com



Let's get Cooking!
General Meeting
October 17th 9:30 am.



#### Have fun during this Autumn Cooking Demonstration and learn more about the

#### Sustainable Food Center

2921 E. 17th St. Bldg. C Austin, 78702 512 236-0074

www.sustainablefoodcenter.org

The SFC's mission is cultivating a healthy community by strengthening the local food system and improving access to nutritious, affordable food.

## Please RSVP by Monday October 9th!

to Lara Norris

at larisalee1968@aol.com

We will also be collecting items for the



they deliver free care supplies to Cancer patients at home.

These include items that are not typically covered by insurance.

1 in 5 Cancer related deaths are preventable,
related to malnutrition, infection and injuries.

Please bring one of these items:
Electric Heating Pads
Baby Wipes
Disinfectant Wipes
Digital thermometer
Fleece Blanket for adult ages



#### Membership Mixer

A casual evening of drinks, food, & fun Wednesday, October 18 6:30p - 9:30p

#### At the home of Dr Jeffrey and Lindy Brand

3801 McNeil Drive Austin, TX 78727

TCMA members & partners please join us for a fun, informal evening. Perhaps unwind after work. Help our initiative by inviting friends that have an interest in learning more about the Travis County Medical Alliance and Foundation.







The **Texas Medical Association's Disaster Relief Program** provides physicians in areas affected by Hurricane Harvey with financial assistance to help restore their practices. Helping our members reopen their practice and get back on their feet will help them take care of their patients as quickly as possible.

This relief program pays for expenses (not covered by insurance or other funding) such as replacing equipment, supplies, and computers; aiding staff; and rebuilding patient records.

Our goal is to raise **\$1 million or more!** We have raised more than \$257,000 as of Sept. 13, 2017.

To make a tax-deductible donation to TMA Foundation, visit www.texmed.org/Harvey.



Physicians Caring for Texans





Donate to the TMA Disaster Relief Program and help reopen doctors' practices affected by Hurricane Harvey.

Help Texas physicians get back to doing what they do best — caring for Texas patients.

Make your tax-deductible donation: texmed.org/Harvey.



Physicians Caring for Texans

#### **September General Meeting Notes**

Members of the TCMA enjoyed the first general meeting of the year at the Nordstrom Domain. Thank you to all the fabulous and stylish TCMA Past Presidents for participating in the September General Meeting's Fall Fashion Show with award-winning image consultant Raquel Gordian Greer. Raquel educated the group in current fashion trends. The highlight of the meeting was the fashion show. We also collected many diapers for recent hurricane victims to donate to the Texas Diaper Bank. Many thanks to Lara Norris for planning the event and to our wonderful, giving, and caring TCMA members!













Lara Norris and TCMA President Kelly Hyde with the diaper collection for the Texas Diaper Bank.



#### **CLOTHES DRIVE FOR AREA SCHOOLS**

Have your children outgrown some of their clothes and school uniforms? Would you like to feel good while cleaning out closets? Some Austin ISD middle school students are

lacking the proper attire for their school uniforms of khaki pants, shorts, and skirts and solid colored polo shirts. Contact TCMA member and Austin ISD trustee Julie Cowan if you have gently-used clothes to donate. I'll be happy to pick up donations from your front porch, if that's convenient. For more information or to schedule a pick up, contact Julie at <a href="mailto:iscowan@aol.com">iscowan@aol.com</a> or 512-659-8593. Thanks!



#### **Membership Coffee Gathering**

Our Welcome Membership Coffee at Mozart's on Lake Austin was a hit! Not only did we have physicians and their partners (current, new and interested) but we also welcomed little kids, babies, and dogs! We were too busy talking to catch a picture of the big group but here is a candid "selfie" of board members Christi Dammert (Membership VP), Ronsey Chawla (Membership VP-elect) with potential members Josh and Dr. Laura Downing who closed down the event. Keep your eyes on the calendar for the next membership coffee.



# **Directory Spot**

Now that school has started and everyone is out-and-about, sign on to Directory Spot to have our membership information at your fingertips at all times. Download the app from the app store of Google or Apple. It's free!

Need the TCMA calendar? It's on Directory Spot too!

Committee chairs are asked to use Directory Spot for all emails to their committees. Be sure that you are getting your notices! Add www.directoryspot.net to the Safe Senders

List in your email program, so you won't miss a thing!

Please contact Pat Wallis at patriciaawallis@gmail.com with questions, problems or concerns. Thanks!



#### 2018 MEMBERSHIP DUES BILLING INFORMATION

An e-mail inviting TMAA members to pay their 2018 dues *online* was sent on September 7. Members and potential members who have a unique (not shared) and valid email address in our database will receive an email with a link to their online invoice. (You may need to check your junk mail or spam folders!)

The link is personal and cannot be copied or forwarded, since it links directly to the account of the person who receives it. This is the only option for paying dues *online*, so please use your personal link in the e-mail if you prefer to pay dues electronically. Thank you!

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www.tcmalliance.org



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