Travis County





UPCOMING EVENTS:

October 27 - Book Group (This Tender Land by Wm Krueger)

October 28 - Saint Louise House meal prep (moved from 10/7)

October 31 - TCMS Trunk-N-Treat Halloween Event

November 9 - Executive Board Meeting

November 16 - Alliance Arts – Texas State Cemetery tour & lunch - <u>rsvp needed!</u>

November 17 - Book Group (Wild Swans: Three Daughters of China by Jung Chang)

December 1 - Book group pot luck luncheon

December 10 - Holiday Luncheon at Westwood Country Club, supporting BookSpring April 2, 2022 - SAVE THE DATE for the PWAP!



Note from TCMA President Jenny Stern

Last Tuesday we were treated to a wonderful general meeting program at Rollingwood Park Pavilion with historian Ellen Balthazar, who specializes in the region covered by the Eanes school district, which is bordered by the Colorado River and Barton Creek. It was

originally inhabited by Tonkawa and Comanche Native Americans, and later by "outsiders, hermits, and bandits," and was late to development. This was because of its physical isolation from Austin, with no access across the Colorado River until the Congress Ave. bridge opened in 1886. We heard stories of the original, rugged Bee Cave Road (an Indian path, then a cattle and wagon trail), the huge 1800-acre Dellana cattle ranch which covered present day Rollingwood, the Tarlton family of cedar choppers, the Soap Creek Saloon, Pop Beard's store, and the founding of the Eanes School District in 1872, with the construction of a one room schoolhouse by Robert Eanes. What a fascinating talk! It was followed by a delicious Mediterranean lunch. Many thanks to Christi Dammert for planning this program, to Pat Wallis for procuring the meeting site, and to the fabulous Ellen Balthazar.





I hope to see you all at a future Alliance gathering!

Jenny



TO TRICK-TREAT WITH THE TCMS!!

"Mask up" and bring your costumed goblins to the TCMS Family Halloween Trunk-N-Treat event. Your family will walk to each decorated vehicle gathering Halloween treats.

You will be home in plenty of time to enjoy trick or treating in your own neighborhood.

Date: Sunday, Oct. 31 **Time:** 4-6 pm

Place: Riverbend Church parking lot, 4214 N. Capitol of TX Hwy, Austin 78746

RSVP to **Idupay@tcms.org** (https://www.tcmalliance.org/so/24NojSmfj/c? w=2myVOw7poeLZPMPQTA_4sDGIL0zjpsnl58tnNpy9TCE.eyJ1IjoibWFpbHRvOmxkdXB heUB0Y21zLm9yZyIsInIiOilyYmQzYmUwZS1hMjM3LTQwNjctNjFhMi01ZDg2YTFkM2JkO DYiLCJtljoibWFpbF9scCIsImMiOil5NTMyNWI3Zi1hODIhLTRjYmUtYWY0NC02MWU3Mm VhYzk2NzMifQ) with how many in your party

If you would like to decorate your vehicle and hand out candy to the kids, let us know. We have plenty of room in the parking lot!

Email **Idupay@tcms.com** (https://www.tcmalliance.org/so/24NojSmfj/c? w=GiBhgZNkZZKqrtJMxquyrTKPcw1ERTKhQlvdXX7P_zs.eyJ1ljoibWFpbHRvOmxkdXBh eUB0Y21zLmNvbT9zdWJqZWN0PVRydW5rJTlwb3llMjBUcmVhdCUyMENhcilsInliOilyY mQzYmUwZS1hMjM3LTQwNjctNjFhMi01ZDg2YTFkM2JkODYiLCJtljoibWFpbF9scClsIm MiOil5NTMyNWl3Zi1hODlhLTRjYmUtYWY0NC02MWU3MmVhYzk2NzMifQ)



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TCMA's Annual Fund Drive 2021 is Underway & off to a great start!

It's fall so it must be time for the TCMA's Annual Fund Drive! We are already more than halfway to our goal of \$13,000! Your contributions support the Alliance's community service endeavors and our grants to worthy local non-profits, which this year include Saint Louise House, TCMS Physician Wellness Program, Volunteer Healthcare Clinic, Austin Black Physicians Association, half Helen, Hope Clinic, and NAMI of Central Texas. You can donate by mail using the remittance envelope from the fund drive mailing, or you can go to our website www.tcmallince.org and donate online. Any amount is greatly appreciated! Thank you in advance for your generosity.

-Inga Ruckman, Annual Fund Drive Chair

2021-2022 Annual Fund Drive Donors

Foundational Believer (\$1,000+)

Dr. Ernest and Sarah Butler

Mission Driven Partner (\$500-999)

Julie and Rob Cowan
Dr. and Mrs. James R. Cullington
Dr. Robert and Karin Foster
Dr. Richard Ruckman and Inga Ruckman

Compassionate Supporter (\$250-499)

Drs. Cheryl and Robert Butler
Cathy and Hugh Collins
Dr. and Mrs. Richard Coons
Dr. and Mrs. Mark Crozier
Paul Harford and Sandy Dunn
Renee and Tony Stanley
Jenny Stern
Phyllis W. Tate - In memory of Robert A. Tate, M.D.
Pat and Ted Wallis
Dr. Robert and Ashley Whitfield

Trusted Friend (\$100-249)

Carolyn and Donald Biebas
Jack and Jennifer Carsner
Charlotte and Sonny Haro, M.D.
Rebekah Henderson for Insperity – For Non-profit Day
Kay McHorse
Barbara Tindel - In memory of Jerry R. Tindel, M.D.



Community Service at Sacred Heart Community Clinic

TCMA members presented Sacred Heart Community Clinic in Round Rock with a TMA Foundation Medical Community Grant check this week to assist their Diabetic Care Program for the next 12 months. The grant will help support the cost of medical supplies, prescription medications, and nutrition education for patients in the program. Specialized medical care such as this program enhances patients' overall health and quality of life, especially for those with chronic health conditions. TCMA members will have the opportunity to volunteer 10 hours a month to help with data collection, making reminder phone calls, and other administrative tasks. If you would like to join our SHCC volunteer committee or have more information about the program, contact Christina Fenrich at cafenrich@gmail.com (https://www.tcmalliance.org/so/24NojSmfj/c?w=DlgNlktFa-OcyGy-Hx4LSXtk-JIPUsHTZWQ-

qnMoXRk.eyJ1ljoibWFpbHRvOmNhZmVucmljaEBnbWFpbC5jb20iLCJyljoiOTRiZGU4Mm ItOTFkMi00ZTc2LTYwN2QtMjc3MzhjY2lyMGY5liwibSl6lm1haWxfbHAiLCJjljoiOTUzMjViN 2YtYTg5YS00Y2JlLWFmNDQtNjFlNzJlYWM5Njczln0).



In June (2021), half Helen launched its newly constructed mobile eye clinic, Optical Prime.

Deneitra Hutchinson, VP of Community Service and Karen Teneriello, VP of
Communications, toured the 32-foot tiny house on wheels with Meghan Jones, Director of
Development. From comprehensive eye exams to offering prescription glasses, this facility
includes two exam rooms, technologically advanced optical equipment and a reception
area stocked with colorful eyeglass frames. Every inch of the truck-hitched trailer was
thoughtfully designed to care for patients starting with the youngest and extending to their
family members.

If you'd like to take a tour of the facility, Meghan would love to show you around. One to two people at a time works best. To schedule, email Meghan at megan@halfhelen.org (<a href="mailto:https://www.tcmalliance.org/so/24NojSmfj/c?w=G-H1eT3lC_1LIU7lpmdfzsz1F-K2bUAa_EvSi04cAHA.eyJ1IjoibWFpbHRvOm1lZ2FuQGhhbGZoZWxlbi5vcmciLCJyIjoiY2VkZTRIMmMtOTgzZi00YTM3LWIzODEtZWRhYWQ2MjJhYzRjliwibSl6lm1haWxfbHAiLCJj ljoiOTUzMjViN2YtYTg5YS00Y2JILWFmNDQtNjFlNzJIYWM5Njczln0).

10/22 Volunteer Healthcare Clinic11/5 People's Community Clinic11/12 Volunteer Healthcare Clinic

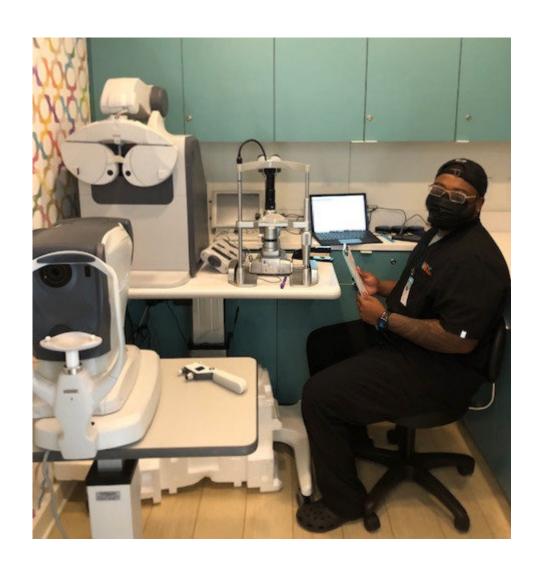
If you are unable to attend in person, have a virtual look: https://fb.watch/8FHAQXJtCi/
<a href="https://www.tcmalliance.org/so/24NojSmfj/c?w=etYuRq7kl6TZ8CCXtvMsUV-Ke68a-RaJXsfavFOsBa4.eyJ1IjoiaHR0cHM6Ly9mYi53YXRjaC84RkhBUVhKdENpLyIsInliOiJjZWRJNGUyYy05ODNmLTRhMzctYjM4MS1IZGFhZDYyMmFjNGMiLCJtIjoibWFpbF9scCIsImMiOiI5NTMyNWI3Zi1hODIhLTRjYmUtYWY0NC02MWU3MmVhYzk2NzMifQ).

And.....stay tuned for the fascinating explanation of the name Half-Helen! Here next week!

Deneitra Hutchinson

VP Community Service









TRAVIS COUNTY MEDICAL ALLIANCE

2022 Membership Campaign Underway!

Renew by Thanksgiving & be included in a drawing to win prizes!

Use your auto login link found in the email from TMA Alliance

Look for an email from TMAA: "Renew Your TMA Alliance Membership Today"
It's the easy way to renew because the email will include your personalized auto-login information. All you'll need to do is click on the link and it will take you directly to your TMAA account to renew your membership. Be sure to check your junk or clutter files, so you don't miss this email!

If you didn't receive the email, it may be because you're set up for autopay, and your dues were charged on 10/2. Physician TCMA members: your invitation to renew TCMA membership will come after the one from TMA in January (but you can renew at any time by following the instructions below).

Renew Online

Go to www.tcmalliance.org: Under the MEMBERSHIP tab, click on JOIN / RENEW. You'll see a blue button that will take you to a webpage on the TMA Alliance website. Once there, go to the upper right-hand corner and click on one of the blue buttons: JOIN NOW if you are a new member, or RENEW if you're renewing.

• By Mail

The TMA Alliance will be mailing paper invitations to renew your membership. You can use the paper form to respond by mail as instructed. Or, you can find the form on the www.tcmalliance.org (https://www.tcmalliance.org/so/24NojSmfj/c? w=RO5EPTndQFWhQB_Qshz3YYGO4gbzjYoFb3kVjb1ua9M.eyJ1ljoiaHR0cDovL3d3dy5 0Y21hbGxpYW5jZS5vcmciLCJyljoiNmMwNDBjMTMtN2Y0Yy00MDcyLWUyNWMtZWZIO DkxY2ViZGVjliwibSl6lm1haWxfbHAiLCJjljoiOTUzMjViN2YtYTg5YS00Y2JlLWFmNDQtNjFlNzJlYWM5Njczln0) website under the MEMBERSHIP tab. Click on JOIN / RENEW and then click on the red button in the middle of the page: MEMBERSHIP FORM. Print, complete and mail your form with a check to: TMA Alliance / 401 W. 15th St. / Austin, TX 78701

• By Phone

Call the TMA Alliance Knowledge Center at (800) 880-7955 with credit card information.

Renew by Thanksgiving & be included in a drawing to win prizes!

 Weekend getaway on Lake LBJ in Kingsland, TX – Lakehouse courtesy of Cindy & David Nelson

- Weekend getaway on Lake Travis in Lago Vista, TX Lakehouse courtesy of Melissa & Todd Smith
- Fabulous YETI cooler Donated by Reneé & Tony Stanley
- A delicious dozen of Eva Tugba McCage's famous cookies (3 lucky winners for this prize!)

Winners to be announced during the Holiday Luncheon on December 10th







Outreach and Support

Alliance member and Chair of St. Louise House Committee **Debbie Chilton** has surgery planned for next week. We are sending her our thoughts and prayers for a successful surgery and speedy recovery.

Kudos to Alliance member **Karin Foster** who has for years supported the Susan G.

Komen Foundation of Austin and Greater Central & East Texas. This year she is serving as the organization's president!

As mentioned in August, Alliance member **Sarah Butler** and her husband, Dr. Ernest Butler, are funding the Blanton Museum's Butler Sound Garden. To learn more about the generous donation and experience awaiting Austinites, visit

Sound Investment - Giving to UT (utexas.edu)

(https://www.tcmalliance.org/so/24NojSmfj/c?

w=3zqAxMerA6gL9cwSz2Sipn28ok_3HuGPkWpNSHNAu8Y.eyJ1IjoiaHR0cHM6Ly9naXZ pbmcudXRleGFzLmVkdS9zb3VuZC1pbnZlc3RtZW50Lz91dG1fY2FtcGFpZ249VlBSRF9G WTIxLTIyX05ld3NsZXR0ZXJfQ1RXXzEwTm92LURIY19ETUNfRU1MJnV0bV9tZWRpdW 09ZW1haWwmdXRtX3NvdXJjZT1FbG9xdWEiLCJyIjoiZmViYmRmMDUtZTI2Yy00MDA2L TNjMmUtNWE5YTc5NWI3MmE4liwibSl6Im1haWxfbHAiLCJjIjoiOTUzMjViN2YtYTg5YS00 Y2JILWFmNDQtNjFINzJIYWM5NjczIn0).

Julie Cowan 512/659-8593 cell



TCMA ALLIANCE ARTS Tour & Lunch Tuesday, November 16, 2021

11:30 am – 12:30 pm Texas State Cemetery Tour, 909 Navasota St, Austin, TX 78702

Join us for a guided tour of the <u>Texas State Cemetery</u>
(https://www.tcmalliance.org/so/24NojSmfj/c?
w=gaaBsMhuPmrjn0dXbK2hxoQ2x068Lnhrsj0O8JWNylo.eyJ1IjoiaHR0cHM6Ly9jZW1ldG
VyeS50c3BiLnRleGFzLmdvdi8iLCJyljoiZDM2NmZmZWMtODE4Ny00ZTM4LWQ5OTktZTI

5YWFjNGI4ZDY5IiwibSI6Im1haWxfbHAiLCJjIjoiOTUzMjViN2YtYTg5YS00Y2JILWFmNDQ tNjFINzJIYWM5NjczIn0) (TSC), a space rich in history and beauty, of Texas size proportions. Barbara Jordan, Ann Richards, and Dr. Red Duke are buried at TSC, plus lots of other Texans with incredible legacies. This is in one of the most scenic spots in Austin. It is upbeat, popular with school age children, and will be glowing with fall foliage in November.





<u>12:30 – 1:30 pm</u> Lunch Outdoors at Paperboy 1203 E. 11th Street, Austin, TX 78702

 MmYwOTg3ZTMiLCJtljoibWFpbF9scClsImMiOil5NTMyNWI3Zi1hODlhLTRjYmUtYWY0N C02MWU3MmVhYzk2NzMifQ) for lunch on the patio of this popular East side restaurant, that has no flash on the drive by, but is lovely inside and popular with hip Austinites.





Parking

Parking on the west side of Navasota, by the TSC ENTRANCE, is free to the public. Parking on the east side of Navasota requires \$3 in quarters for 3 hours. Watch for neighborhood permit requirements.

RSVP

Kiddos are welcome. Send RSVP by <u>Thursday, November 11</u> to Carrie Conner, Alliance Arts Committee Chair, at <u>carrieconnercpa@gmail.com</u>

(https://www.tcmalliance.org/so/24NojSmfj/c?w=1CJXJK1gQ2Tz5wawlqMk8cLKAHMGp-KlzPTS8yD-

Fgg.eyJ1ljoibWFpbHRvOmNhcnJpZWNvbm5lcmNwYUBnbWFpbC5jb20iLCJyljoiNzM2Z WI0NzQtNWFhOC00ZGY0LTFkNzltMWIxNDM5YjNkMDI2liwibSl6lm1haWxfbHAiLCJjljoi OTUzMjViN2YtYTg5YS00Y2JlLWFmNDQtNjFlNzJlYWM5Njczln0).

TCMA presents

Party With a Purpose 2022

Palm Springs Cool

4.2.22

More details to come!



Book Group

October 27, 2021 This Tender Land by William Kent Krueger Renda King &Peggy Russell will review

November 17, 2021 Wild Swans: Three Daughters of China by Jung Chang Lynn Langley will review

December 1, 2021 Annual book group pot-luck brunch

January 9, 2022 - evening meeting - *The Last Days of Night* by Graham Moore Sharon Kronberg will review

GUEST NIGHT: bring a friend, partner, spouse for a light dinner, cocktails and talk.

To join the Book Group, visit tcmalliance.org and click on the Book Review tab, under News & Events.



4300 North Lamar Boulevard Austin, TX 78756 (https://www.tcmalliance.org/so/

512-206-1270

(https://www.tcmalliance.org/so/24NojSmfj/c? w=cC6xlyMWD2loG1fWY0JM3Qw-rhJO9eSv-fSmgH_nVAo.eyJ1ljoidGVsOjUxMi0yMDYtMTI3MClsIn liOilxNDFiYjE0ZC1iMTNjLTRkNWUtNDZmNS1hMzhiM 2JhYzJkMGUiLCJtljoibWFpbF9scClsImMiOil5NTMyN www.tcmalliance.org



(https://www.tcmalliance.org/so/24NojSmfj/c?